



April Menu

Whole Milk (Children Under 2) & 1% Milk (Children Over 2) Served at Breakfast, Lunch & Dinner — Water Offered at all Mealtimes
Menu subject to change. See posted menu for any changes.

	Meatless Monday	Tuesday	Wednesday	Thursday	Friday
Weekly Breakfast	Choose: Cereal OR Vanilla Yogurt Parfaits w/ Granola & Banana	Choose: Cereal OR Cinnamon Toast w/ Fresh Apples	Choose: Cereal OR Pancakes w/ Syrup & Diced Pears	Choose: Cereal OR Biscuits w/ Jelly & Peaches	Choose: Cereal OR Cheerio Breakfast Bars & Orange Slices
Week 1 Lunch	Spanish Rice, Marinated Black Beans, Corn & Applesauce	Chicken & Broccoli Penne Pasta w/ Wheat Rolls & Mixed Fruit	Veggie Chili w/ Cornbread Green Beans & Apple Slices	Ground Turkey & Marinara Macaroni Bake w/ Oranges	Lentil Soup w/ Crackers Peas & Pineapples
Snack	Tortilla Chips & Salsa Water	Homemade Granola Bars 100% Fruit Juice	Carrot Sticks w/ Ranch & Crackers Water	Trail Mix 100% Fruit Juice	Blueberry Muffins 100% Fruit Juice
Dinner (week 4/2)	Pizza Quesadillas Side Salad w/ Tomatoes & Oranges	Corndog Muffins w/ Pineapples and Side Salad	Beef & Bean Nachos w/ Shredded Cheese & Peaches	Stir-Fry Fajita Chicken, Sweet Potato and Corn over Brown Rice w/ Pears	Pigs in a Blanket w/ Carrot Sticks & Mixed Fruit
Week 2 Lunch	Red Beans & Rice w/ Broccoli & Peaches	BBQ Beanie Weenies w/ Sliced Bread & Applesauce	Italian Beefy Spaghetti w/ Wheat Rolls & Apples	Spinach Rice, Eggs & Ham w/ Corn & Oranges	Chicken Curry Casserole w/ Peaches & Green Beans
Snack	PB & J on Wheat Water	Goldfish 100% Fruit Juice	Peanut Butter Banana Roll-Up Water	Graham Crackers 100% Fruit Juice	Cinnamon Raisin Cookies 100% Fruit Juice
Dinner (week 4/9)	Cheesy Taco Stick Peas & Pineapples	Ham Sandwich w/ Celery Sticks, PB & Bananas	Pretzel Sticks, Sliced Cheese Sliced Pickles & Mixed Fruit	Ground Turkey & Brown Rice Peas & Sweet Peas	Grilled Cheese Roll-Ups Carrot Sticks & Applesauce
Week 3 Lunch	Lentil Soup w/ Crackers Green Beans & Mixed Fruit	Spanish Rice, Marinated Black Beans, Corn & Pears	Stir-Fry Fajita Chicken, Sweet Potato and Corn over Brown Rice w/ Pineapples	Beef & Bean Nachos w/ Shredded Cheese & Mixed Fruit	Ground Turkey & Marinara Macaroni w/ Broccoli & Peaches
Snack	Trail Mix 100% Fruit Juice	Cheerios & Orange Slices Water	Blueberry Muffins 100% Fruit Juice	Pretzel Sticks & Yogurt Dip Water	Homemade Granola Bars 100% Fruit Juice
Dinner (week 4/16)	Pizza Quesadillas w/ Side Salad & Peaches	Pigs in a Blanket w/ Oranges & Sliced Pickles	Ground Turkey & Veggie Pasta Toss Peas & Applesauce	Build Your Own Lunchable w/ Carrot Sticks & Apple Slices	Cheesy Taco Stick w/ Peas & Orange Slices
Week 4 Lunch	Veggie Chili w/ Cornbread Broccoli & Oranges	Asian Chicken & Veggie Stir-fry w/ Brown Rice & Applesauce	Smoked Turkey & Bean Soup w/ Corn Bread & Mixed Fruit	Chicken & Broccoli Penne Pasta w/ Wheat Rolls & Peaches	Spinach Rice, Eggs & Ham w/ Pineapples & Green Beans
Snack	Goldfish 100% Fruit Juice	Carrot Sticks w/ Ranch & Crackers Water	Peanut Butter Banana Roll-Up 100% Fruit Juice	Graham Crackers & Applesauce Water	Cinnamon Raisin Cookies 100% Fruit Juice
Dinner (week 4/23)	Grilled Cheese Roll-Ups w/ Side Salad & Bananas	Taco Salad w/ Ground Beef, Lettuce, Cheese & Tortilla Chips & Pineapples	Corndog Muffins w/ Peas & Apple Slices	Ground Turkey & Brown Rice w/ Pears & Chinese Style Vegetables	Bean & Cheese Taco w/ Mixed Fruit & Sliced Pickles
Week 5 Lunch	Lentil Soup w/ Crackers Green Beans & Applesauce	Italian Beefy Spaghetti & Broccoli w/ Wheat Roll & Oranges	Stir-Fry Fajita Chicken, Sweet Potato and Corn over Brown Rice w/ Pears	Ground Turkey & Veggie Pasta Toss w/ Crackers & Peaches	Spanish Rice, Marinated Black Beans, Corn & Mixed Fruit
Snack	Cheerios & Orange Slices Water	Tortilla Chips & Salsa Water	PB & J Sandwich 100% Fruit Juice	Pretzel Sticks & Yogurt Dip Water	Trail Mix 100% Fruit Juice
Dinner (week 4/30)	Cheesy Taco Stick Refried Beans & Peaches	Build Your Own Lunchables Pineapples, Celery Sticks & Ranch	Pigs in a Blanket w/ Apple Slices & Sliced Pickles	Grilled Cheese Sandwich Side Salad & Applesauce	Pizza Quesadillas w/ Peas & Oranges